#### CASCADE FRIENDS CAMP

# Conduct and Dress Policy

In the effort to provide an atmosphere where it is easy to focus on the spiritual, rather than the physical, we ask our campers to please show respect for our staff by obeying their instructions and following the rules of the camp. The rules of the camp are subject to change without notice, at the discretion of Cascade Friends Board of Directors.

## Shirts must:

- Not be tank tops.
- ♣ Not have low necklines.
- Be long enough to cover midriffs.
- Cover ALL undergarments, including straps.
- Have modest arm and neck openings that do not gape open.

### Shorts must:

- ← Come near to the kneecap, or may be longer.
- Not hang lower than the hips, exposing undergarments (pants also).

## Footwear:

- Flip flops and sandals may be worn at camp, except for daily activities.
- For the Daily Activities must fully cover your feet, preferably athletic type and suitable for running.

Leggings and/or pants that are similar in style and fit to leggings may not be worn at camp at any time, please do not bring them. No clothing with offensive messages or pictures will be allowed. Clothes should be identified with the owner's name, so that we can get them back to you from the Lost and Found after camp.

No tobacco products, alcoholic beverages, non-prescription drugs, or weapons of any kind will be allowed at camp; and stealing, using profanity, abusing camp facilities, and leaving the campground will not be tolerated.

Proper relationships between males and females shall be maintained at all times. Campers will please refrain from public displays of affection, including hand holding, rubbing, kissing, or any other behavior that may be judged by the Board of Directors to be inappropriate for camp.